



# LC3 SPORT SCHOLARSHIP

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## FOR ENTRY IN SEPTEMBER 2025

Being a Scholar is a position of honour at College. Those who earn the title will play a key role in the life of College and will enjoy a world of opportunities from which they can enrich and expand their talent and level of performance.

We place great value on our Sport Scholars and are continuously enhancing the Scholarship Programme to ensure pupils develop and fulfil their potential during their time with us. Crucially, our focus is on supporting the Scholars as 'student-athletes' and on achieving success in the long-term.

## WHO SHOULD APPLY?

We know that the view of talent in any given sport is an ever-changing landscape. National Governing Bodies of Sport (NGBs) are consistently evolving their talent pathways and programmes. What counts as talent one year may differ to the next. Equally, most sporting disciplines have athlete development models that explicitly require young athletes to specialise later, making sport specific talent harder to discern effectively, especially at the younger age groups. There are a wide range of factors that influence the rates at which young people develop sporting talent, for example physical maturity with a single year cohort based on date of birth (relative-age effect). In short, it's a complex picture and not as simple as who is stronger, faster and 'better' at 12, 13 or 14 years old.

At CLC, our view is that all pupils have potential. We are committed to supporting all pupils to explore and fulfil this potential, with lifelong engagement in activity at the heart of this. We will support all pupils through this journey whether they go on to become a functionally motivated gym user, a fitness class fanatic, a committed club competitor or an Olympic/Paralympic champion. Our approach to fulfilling potential, starts with all pupils, then becomes more specialised as they mature, and their sport specific talent develops.

When considering whether to apply for an LC3 Sports Scholarship, we would expect girls to excel across multiple sports, being a strong county-level performer in at least one sport. However, it's important to note that the definition of 'county' level can vary significantly between different sports. Therefore, while we view this expectation as a guideline, it is not an absolute requirement.

While CLC delivers a wide range of sports and activities, we would typically look for a scholar's sporting ability to be in sports that we have greater involvement in. This helps us ensure that we can offer the on-going support that scholars require. These sports include; hockey, lacrosse, netball, tennis, athletics, and swimming. However, we are continually evolving our sporting offer and there is no fixed list of sports that we will or will not accept for scholarship consideration. A key consideration for us is whether we can support a girl in fulfilling her potential in her chosen sport/s and each case will be considered on its individual merits. If you have questions regarding specific sports please contact our Sports Scholar Lead, Miss Kate Nimmo: [nimmok@cheltladiescollege.org](mailto:nimmok@cheltladiescollege.org)

## EXPECTATIONS OF AND FOR SPORT SCHOLARS

Scholars will have the opportunity to play sport regularly both as team members and as individuals. Specialist teachers are available for a range of different sports and a comprehensive programme of activities and events that enhances the sporting life of College are planned each year. Scholars will receive additional support, not limited to; 1:1 mentoring, strength and conditioning support, workshops and seminars, discounted physio and paid places on pre-season training.

Scholars will promote their sport by both participating in College and house matches and by becoming involved with the coaching of younger players. Their conduct in sport, in competition and in training must be of the highest order. They should lead by example by being ambassadors for College to guests, rivals and peers. It is important that a Sport Scholar has the leadership skills, motivation, temperament, character and mind-set to cope with, and excel, in this high-profile role.

We set out with an expectation that those successful will retain the 'scholar' designation throughout their time at CLC. This reflects our position that a journey in sport has its 'ups and downs' and we are not predisposed to judge periods of negative sporting performance. This reflects back to our central premise of supporting both ability and potential.

That said, we reserve the right to remove the scholar designation and this will be reviewed annually, based on a Sports Scholar fulfilling the above responsibilities and satisfactorily meeting the criteria below:

- Achieving the mutually agreed targets set out at termly mentoring sessions; and
- Continuing to uphold College's sporting ethos and values.

## HOW TO APPLY AND ASSESSMENT

To apply you will need to complete the following application form. Please complete it as fully as possible. This document, alongside further diligence from us, allows us to determine who we will invite to an assessment day.

Applications should be submitted to the Admissions Department ([entrance@cheltladiescollege.org](mailto:entrance@cheltladiescollege.org)) by **1st October 2024**. Late applications will not be considered.

The assessment day is the second part of our decision-making process and allows us to put the applicants in an environment to examine their sport specific ability. They will also undertake a series of activities that allow us insight into both their wider physical and mental attributes, including, but not limited to; physical competency and fundamental movement skills, strength and flexibility, attitude, motivations, ability to respond to feedback ('coachability') and self-reflection.

All Sport Scholarship candidates will be invited to attend an assessment day at CLC on **Monday 10th February 2025**.



CHELtenham  
LADIES'  
COLLEGE

# LC3 SPORT SCHOLARSHIP APPLICATION FORM

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FOR ENTRY IN SEPTEMBER 2025

*College will process this form in accordance with our Privacy Notice: [www.cheltladiescollege.org/privacy](http://www.cheltladiescollege.org/privacy)*

Applicant's first name ..... Surname .....

Current school .....

## SPORTING BACKGROUND

For the sport(s) that you are regularly compete in and consider to be your strongest discipline(s), please complete the more detailed information sections with regards to these.

MAIN SPORT: .....

Playing Level  School  County  Regional  National  International  
 Other (please state) .....

Length of time played .....

Name of teams / clubs .....

Please list the hours of training undertaken per week in this sport

.....

Please indicate playing position / ranking / rating / stroke / times / distance etc. (where appropriate)

.....

Representative honours and / or notable achievements

.....

Details of any other sporting experiences in this sport

.....

What do you want to achieve in this sport?

.....

SECOND SPORT: .....

Playing Level  School  County  Regional  National  International  
 Other (please state) .....

Length of time played .....

Name of teams / clubs .....

Please list the hours of training undertaken per week in this sport

.....

Please indicate playing position / ranking / rating / stroke / times / distance etc. (where appropriate)

.....

Representative honours and / or notable achievements

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Details of any other sporting experiences in this sport

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What do you want to achieve in this sport?

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## ADDITIONAL INFORMATION

Are there any other sports in which you have trained and play regularly?

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Please summarise, within a 500-word limit, your performance targets for the future. We expect to see plans for the 2025/26 academic year, a five-year outlook, and a lifetime ambition.

What do you believe you would offer to CLC as a Sport Scholar?

Signature of applicant ..... Date .....

Signature of parent ..... Date .....

## WHAT TO DO NOW

Please send the completed application form and two Coach references, via email, to:

[entrance@cheltladiescollege.org](mailto:entrance@cheltladiescollege.org)

If you have any queries or questions, please do not hesitate to contact the Sport Scholar Lead, Miss Kate Nimmo

([nimmok@cheltladiescollege.org](mailto:nimmok@cheltladiescollege.org))

The closing date is **1st October 2024**.



## YEAR 9 (LC3) SPORT SCHOLARSHIP REFERENCE FORM – CONFIDENTIAL

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To whom it may concern:

One of our Sport Scholarship applicants has named you as a referee. In order to progress their submission, we would be grateful if you could complete the questions below and include anything else which you feel might be of importance. Thank you for your time.

Applicant's name .....

Name of referee .....

Position .....

Name of school or club .....

Email address .....

### INFORMATION ON THE CANDIDATE

How long have you known the applicant and in what capacity?

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What is their current playing standard in their main sport(s)?

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How often is the applicant involved in these activities each week?

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Please comment on the candidate's sporting ability and achievements. Include any observations about their input and enthusiasm and any other areas that might be relevant to her suitability for a Sport Scholarship at CLC.

## YOUR PERSPECTIVE ON THEIR SPORTING POTENTIAL

Does the applicant have the ability and temperament to develop further? To what extent do you see this happening?

## ADDITIONAL INFORMATION

Please include here any further information that you feel is relevant to their application.

Please complete and return, by the closing date of **1st October 2024** to: [entrance@cheltladiescollege.org](mailto:entrance@cheltladiescollege.org)

If you have any queries or questions, please do not hesitate to contact our Sport Scholar Lead, Miss Kate Nimmo ([nimmok@cheltladiescollege.org](mailto:nimmok@cheltladiescollege.org)).